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| **Sofia Chambers**   |  | | --- | |  | | Sechambe@usc.edu | |  | | https://www.linkedin.com/in/sofia-chambers-b6b16218b | | Education University of Southern California | 2021-2023  *Master of Science -* Biokinesiology with an Emphasis in Sports Science  University of Oregon – Eugene, OR | June 2019  *Bachelor of Science in Natural Sciences*  Human Physiology Major with Chemistry Minor | | Skills Proficient in Microsoft Office, PowerPoint, Word, Excel  Teamwork, Effective Communication, Time Management, Accountability, Organization, Leadership, Problem Solving |  Awards and achievements *PAC-12 Postgraduate Scholarship Awardee*  *2021*  *External Advisory Board Member for NIH Funded Grant focused on pediatric concussions, UCLA*  *2021*  *University of Oregon Division I Women’s Soccer Team Captain*  2017-2018 & 2018-2019  *University of Oregon Scholar Athlete*  2016-2019  *PAC-12 Conference Women’s Soccer All-Academic Honorable Mention*  2016-2019  *Chi Alpha Sigma – The National College Athlete Honors Society*  2018-2019  *Robin Merlock Team Award (Team and Coaches MVP) – University of Oregon Women’s Soccer*  2019  *Agoura High School Varsity Girls Soccer*  2012-2015  *Captain of Agoura High School Varsity Girls Soccer*  2013-2014 & 2014-2015  *California South Olympic Development (ODP) Team*  2011-2014  *Olympic Development Region IV Team*  2012-2014  *ODP National Champions*  2013 & 2014 |  | |  | | --- | | Experience **University of Oregon | *NCAA Division I Women’s Soccer Team* *Student-Athlete* | June 2015 – June 2019**   * Team Captain during the 2017-2018 and 2018-2019 seasons * Helped lead the team to success on and off the field * Dedicated 40+ hours per week towards my team’s success through teamwork, time management, and communication while balancing a full course load * Able to progress my growth in areas pertaining to communication, teamwork, accountability, and time management * Communicated effectively between the staff, athletic department, and 30+ teammates in order to facilitate a successful team, culture, and environment * Scheduled weekly meetings with staff and players to effectively guide, establish, and obtain goals prior to and throughout season  UCLA Steve Tisch BrainSPORT Program / Research | June 2019 – August 2020  * Volunteered as a part of the program by becoming trained in concussion baseline exams, ImPACT testing, data entry, and the CARE QuesGen Database * Assist with subject escort, data entry, data collection, data management, and conduct surveys of study participants * Reviewed clinical data from medical records of potential/current research participants through verified and validated CareConnect access or hardcopy. * Helped administer Concussion Baseline Examinations to high school students and Division I collegiate athletes * Contributed to a pilot study by deploying mouthpiece impact sensors to investigate head impacts in Division I collegiate Women’s and Men’s Soccer Players – First head impact data in Women’s Sports * Helped organize and perform data entry and offload for multiple studies (Mouthpieces as well as CARE Consortium - Longitudinal Clinical Study Core)   + fMRIs, saliva collection, and the distribution of mouthpieces which encapsulated accelerometers, gyroscopes, and impact sensors * Organized and communicated effectively with the UCLA athletic staff and collegiate athletes to allow for the success of the Mouthpiece study.   **ORRECO | Blood Biomarker *Consultant Technician* | June 2021– Current**   * Consultant Technician for a global leader in sports biotechnology who provides biomarker testing services for elite athletes * Consultant is a sport science specialist working with clients in partner facilities and remote locations to provide oxidative stress (FORT/FORD) and inflammation (hsCRP) testing * Any additional administrative support on behalf of Orreco * Take a pinprick blood sample from an ear or finger and run tests in real-time to measure your oxidative stress and inflammation   **USC Women’s Soccer Team Sports Science | *Catapult Data Collection and Analysis* | August 2021 – Current**   * Working with the Sports Science Team to collect, analyze, interpret, and apply Catapult Sports Data * Helped used Internal and External load metrics to create player Return To Play (RTPs) * Use OpenField Cloud with Catapult Sports * Looking at and managing High Minute Players vs Low Minute Players to maintain/increase fitness levels. Need to make sure lower minute players are being exposed to game like speeds, distances while maintaining fitness levels. * Monitor Individual Player Load, Acute Chronic Workload Ratios, Internal Loads, External Loads   **Harvard-Westlake High School | *Girls Assistant Varsity and Junior Varsity Coach* | November 2019 – Current**   * Working as an Assistant Coach with young adults from ages 13-18 * Plan and organize team travel (scheduling, transportation, meals, and itinerary) * Plan team practices, off season workouts, and short/long term goals to maximize the team’s success * Conduct group activities to allow for team growth * Held weekly meetings and training sessions via Zoom and on field * Planned and executed training sessions bi to triweekly * 2021 CIF-Southern Section Girls Soccer Division 1 Champions * CIF Southern California Regional 2021 Girls Soccer Champions - Division I  California Commercial Investment Group | Accounting Clerk | November 2020 – August 2021  * Perform various clerical duties such as word processing, data entry, copying, scanning, faxing, and collating. * Maintain tax and banking records in accordance with approved procedures. * Prepare daily bank deposits, scanned into computer each day and maintain all bank receipts in chronological order. * Prepare invoices and credit memos for Resident move-out packages weekly. * Prepare credit card reports for all cardholders on a weekly basis. * Learn and use Yardi Software. * Assist in performing monthly and year end closing procedures * Assist with accounting functions which may include posting A/R and A/P entries, maintaining the general ledger, and preparing financial reports. * Follow procedure for A/P approvals and internal control processes * Help finalize building Audits as well as Tax packets | |