

IVANA PETERGACOVA

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About Me:

A decorated athlete from elementary school through college, sports has been my passion and focus since the age of three. I was a top level tennis player, track/field athlete and basketball player through high school. In college I focused all attention on competitive softball, playing for Santa Monica College, UCLA (club softball) and the Slovak National Team.

Experience:

UCLA Club Softball (2017–2018)

- Co-Head Coach for competitive NCSA inter-collegiate club softball team
- Created line-ups, conducted practices and training sessions
- Conditioning coach
- SAQ coach (speed, agility and quickness) specializing in outfield players

Slovak National Softball Team Players

- Created Individualized Strength and Conditioning Programs
- SAQ coach (speed, agility and quickness) specializing in outfield players

Playbook Five - VR Instructional Platform for Football (2018–2019)

- Data analysis
- Connected with strategic partners in international markets

Good Sports International (2006–Present)

- Coached baseball as a vehicle for teaching and character building for popular sports camp
- Developed/executed training programs, created syllabus for over 100 participants
- Responsible for children ages 8-17 in multi-layered program

Education:

USC Master Program in Blokinesiology with Sports Science Emphasis (class of 2022)
National Academy of Sports Medicine—Certified Personal Trainer (CPT) + Performance Enhancement Specialist (PES)

UCLA—Bachelor of Arts Degree—Cum Laude (Chinese Studies)

Bejing Normal University—Study Abroad Program

UCLA Extension - Personal Trainer Certificate

Santa Monica College—Associates Degree—Magna Cum Laude

Playing:

Slovak National Softball Team (2016–Present)

Santa Monica College Softball Junior Varsity Team (2013–2015)

UCLA Club Softball (2015–2017)

Apollo Softball Team (2016–2017)

Bejing Normal University Softball Team (2016)

Decorated Middle School/High School Track & Field Athlete (60 meters, 800 Meters)

High School Basketball

Special Skills:

Multi linguist (English, Chinese, Slovak, Czech)

American Red Cross Certified Adult First Aid/CPR/AED

Word, Excel, Powerpoint, iMovie

Social media

Awards:

Students scholar athlete Santa Monica College

Participated in European softball championship